

Amherst Survival Center's Calendar



Our Hours

Monday: 11AM-3PM
Tuesday: 11AM-3PM

Thursday: 11AM-7PM
Friday: 11AM-3PM

Limited Programs

3rd Saturday
9:30-11:30

July 2017

Monday	Tuesday	Wed	Thursday	Friday	Sat
<p>3</p> <p>11-12:30 Info and Referral</p> <p>12:30-1:30 Free Health Clinic</p>	<p>4</p> <p>CLOSED for Independence Day</p>	<p>5</p> <p>1-2PM Mobile Food Program</p> <p>Southpoint Apartments</p>	<p>6</p> <p>11:30-1 Job Search Assistance</p> <p>1:30-4 Health Insurance Help</p> <p>2-6 NO Elliot Homeless Services</p> <p>3:00 Movie</p> <p>4:30-5:30 Free Health Clinic</p> <p>5:00 Movie</p>	<p>7</p> <p>Open!</p>	<p>8</p>
<p>10</p> <p>11-12:30 Info and Referral</p> <p>12:30-1:30 Free Health Clinic</p>	<p>11</p> <p>11:30-12:30 Food Stamp/SNAP Assistance</p> <p>12:30-2:30 Recruitment! United Personnel</p> <p>1-2:30 Salvation Army (vouchers)</p>	<p>12</p> <p>Community Picnic at the Mill River Recreation Area</p> <p>Food Served 12-1</p>	<p>13</p> <p>11:30-1 Job Search Assistance</p> <p>12:30-1:30 FEED DEMOCRACY</p> <p>1:30-4 Health Insurance Help</p> <p>2-6 Elliot Homeless Services</p> <p>3:00 Movie</p> <p>4:30-5:30 Free Health Clinic</p> <p>5:00 Movie</p> <p>5:30-6:30 Food Stamp/SNAP</p>	<p>14</p> <p>12-1 Tunes@ Noon</p>	<p>15</p> <p>9:30-11:30</p> <p>FOOD PANTRY OPEN</p>
<p>17</p> <p>11-12:30 Info and Referral</p> <p>11:15-11:45 Movin to the Music</p> <p>12:30-1:30 Free Health Clinic</p>	<p>18</p> <p>11:30-12:30 Food Stamp/SNAP Assistance</p> <p>1-2:30 Salvation Army (vouchers)</p>	<p>19</p>	<p>20</p> <p>11:30-1 Job Search Assistance</p> <p>1:30-4 NO Health Insurance Help</p> <p>2-6 Elliot Homeless Services</p> <p>3:00 Movie</p> <p>4:30-5:30 Free Health Clinic</p> <p>5:00 Movie</p>	<p>21</p> <p>Open!</p>	<p>22</p>
<p>24</p> <p>11-12:30 Info and Referral</p> <p>12:30-1:30 Free Health Clinic</p>	<p>25</p> <p>11:30-12:30 Food Stamp/SNAP Assistance</p> <p>1-2:30 Salvation Army (vouchers)</p>	<p>26</p>	<p>27</p> <p>11:30-1 Job Search Assistance</p> <p>1:30-4 Health Insurance Help</p> <p>2-4:30 Sewing Workshop</p> <p>2-6 Elliot Homeless Services</p> <p>3:00 Movie</p> <p>4:30-5:30 Free Health Clinic</p> <p>5:00 Movie</p> <p>5:30-6:30 NO Food Stamp/SNAP</p>	<p>28</p> <p>12-1 Music with Jay</p>	<p>29</p>
<p>31</p> <p>11-12:30 Info and Referral</p> <p>11-1 DIABETES SCREENING</p> <p>11:15-11:45 Movin to the Music</p> <p>12:30-1:30 Free Health Clinic</p>					

ASC Community News

Amherst Survival Center
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(413) 549-3968 <http://www.amherstsurvival.org>



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ASC Programs and Services

Hot Lunch

From 12-1, a nutritious protein-and-produce-filled meal (with vegan & vegetarian options) is served.

Community Store

We distribute donated clothing, household items, books and children's toys. Families are invited to take up to 15 items each day. **Please arrive before 2:45 (6:45 on Thursdays) if you'd like to shop.**

Food Pantry

Available once each month, income-eligible families and individuals from Amherst, Belchertown, Deerfield, Granby, Hadley, Leverett, Pelham, Shutesbury, South Deerfield, South Hadley, Sunderland, Ware & Whately. **Please arrive before 2:45 (6:45 on Thursdays) if you'd like a Food Box.**

Fresh Food Distribution

You can get fresh bread and produce here everyday. Open from 11-12 and 12:30-closing.

Free Health Clinic

Doctors can answer your medical questions: Mondays from 12:30-1:30 and Thursdays from 4:30-5:30 .

Thursday evenings—We serve a light meal from 5-6 and show movies in our dining area.

Fitness/Health

Some Mondays from 11:15-11:45, **Robin for Movin' to the Music!**

Information and Referrals

Meg will be available with information and referral on Mondays.

Food Stamp/SNAP Assistance

Ruth and Margo from the **Food Bank of Western MA** will be here every Tuesday mid-day and on Thursday evenings to help with applications.

Vouchers

Meg from the **Salvation Army** can provide vouchers for clothing and prescriptions on Tuesdays,. May also be able to help with utilities. **She can only serve people who live in Amherst, Pelham, Hadley, Shutesbury, Leverett, Whately and Sunderland.**

Job Search Assistance

Cristina can help folks with job search and resume/application advice on Thursdays from 11:30-1.

Health Insurance Assistance

Brenda from **Health Care for the Homeless** can fill out the paperwork to get insurance on Thursdays.

Housing Help

Charlyn from **Eliot Homeless Services** will be here on Thursdays to help the homeless and other.

Community Events

COMMUNITY PICNIC— Wednesday, July 12th Mill River Recreation Area 12-1PM

FEED DEMOCRACY—Thursday, July 13th 12:30-1:30: Learn how to best contact your elected officials.

Tunes@Noon, —Friday, July 21st . Latin Music.

Sewing Workshop! Bring your mending/sewing project and learn! Thursday. July 27th 2-4:30. Sign up first with Tracey at 540-3968 x102.

Music with Jay—Friday, July 28th

Diabetes Screening—Monday July 31st-Thursday, August 3rd. 11AM-1PM

Calendar on Back....