

# Amherst Survival Center's Calendar



## Our Hours

Monday: 11AM-3PM  
 Tuesday: 11AM-3PM

Thursday: 11AM-7PM  
 Friday: 11AM-3PM

## Limited Programs

3rd Saturday  
 9:30-11:30

## February 2017

Monday	Tuesday	Wed	Thursday	Friday	Sat
		1	2 11:30-1 Job Search Assistance 1:30-4 Health Insurance Help 2-6 Elliot Homeless Services 3:00 Movie 4:30-5:30 Free Health Clinic 5:00 Movie	3 Fuel Assis- tance (by appoint- ment only)	4
6 11-12:30 Info and Refer- ral 12:30-1:30 Free Health Clinic	7 11:30-12:30 Food Stamp/SNAP Assis- tance 1-2:30 Salvation Army (vouchers)	8	9 11:30-1 Job Search Assistance 1:30-4 Health Insurance Help 2-6 Elliot Homeless Services 2-4:30 Sewing Workshop 3 Movie 4:30-5:30 Free Health Clinic 5 Movie 5-6 Dinner	10 Fuel Assis- tance (by appoint- ment only)  12-1 Music with Jay	11
13 11-12:30 Info and Refer- ral 12:30-1:30 Free Health Clinic	14 11:30-12:30 Food Stamp/SNAP Assis- tance 1-2:30 Salvation Army (vouchers)	15	16 11:30-1 Job Search Assistance 1:30-4 Health Insurance Help 2-6 <u>NO</u> Elliot Homeless Services 3 Movie 4:30-5:30 Free Health Clinic 5 Movie 5-6 Dinner	17 Fuel Assis- tance (by appoint- ment only)  12-1 Tunes@ Noon	18  9:30-11:30  <b>FOOD PANTRY OPEN</b>
20 11-12:30 Info and Refer- ral 11:15-11:45 Movin to the Music 12:30-1:30 Free Health Clinic	21 11:30-12:30 Food Stamp/SNAP Assis- tance  <b>BLACK HISTORY LUNCHEON</b> <i>with the Amherst Area Gospel Choir</i> 1-2:30 Salvation Army (vouchers)	22	23 11:30-1 Job Search Assistance 1:30-4 Health Insurance Help 2-6 Elliot Homeless Services 2-4:30 Sewing Workshop 3 Movie 3-4:30 Cooking Class with Whole Foods 4:30-5:30 Free Health Clinic 5 Movie 5-6 Dinner	24  Fuel Assis- tance (by appoint- ment only)	25
27 11-12:30 Info and Refer- ral 11:15-11:45 Movin to the Music 12:30-1:30 Free Health Clinic	28 11:30-12:30 Food Stamp/SNAP Assis- tance 1-2:30 Salvation Army (vouchers)				

# ASC Community News

Amherst Survival Center  
138 Sunderland Road./PO Box 9629  
North Amherst, MA 01059  
(413) 549-3968 <http://www.amherstsurvival.org>



February 2017

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## ASC Programs and Services

### Hot Lunch

From 12-1, a nutritious protein-and-produce-filled meal (with vegan & vegetarian options) is served.

### Community Store

We distribute donated clothing, household items, books and children's toys. Families are invited to take up to one bag from the community store a day.

### Food Pantry

Available once each month, income-eligible families and individuals from Amherst, Belchertown, Deerfield, Granby, Hadley, Leverett, Pelham, Shutesbury, South Deerfield, South Hadley, Sunderland, Ware & Whately. **Please arrive before 2:45 (6:45 on Thursdays) if you'd like a Food Box.**

### Fresh Food Distribution

You can get fresh bread and produce here everyday. Open from 11-12 and 12:30-closing.

### Free Health Clinic

Doctors can answer your medical questions: Mondays from 12:30-1:30 and Thursdays from 4:30-5:30 .

**Thursday evenings**—We serve a light meal from 5-6 and show movies in our dining area.

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### Fitness/Health

Some Mondays from 11:15-11:45, **Robin for Movin' to the Music!**

### Information and Referrals

Meg will be available with information and referral on Mondays.

### Food Stamp/SNAP Assistance

Ruth and Rob from the **Food Bank of Western MA** will be here every Tuesday and on Thursday evenings to help with applications.

### Vouchers

Meg from the **Salvation Army** can provide vouchers for clothing and prescriptions on Tuesdays. May also be able to help with utilities. **She can only serve people who live in Amherst, Pelham, Hadley, Shutesbury, Leverett, Whately and Sunderland.**

### Job Search Assistance

Cristina can help folks with job search and resume/application advice on Thursdays from 11:30-1.

### Health Insurance Assistance

Brenda from **Health Care for the Homeless** can fill out the paperwork to get insurance on Thursdays.

### Housing Help

Charlyn from **Eliot Homeless Services** will be here on Thursdays to help the homeless and other.

### Fuel Assistance Application Help

Help with Fuel Assistance Applications. **BY APPOINTMENT ONLY!** Call Tracey at 549-3968 x102 for details.

## Community Events

**Sewing Workshop!** Bring your mending/sewing project and learn! Second and Fourth Thursdays. 2-4:30. Sign up first with Tracey at 540-3968 x102.

Music with Jay—Friday, February 10th, 12-1PM

Tunes@Noon with Moonlight Davis, Friday, February 17th

**Black History Luncheon with the Amherst Area Gospel Choir—**  
Tuesday, February 21st

**Cooking Class with Joan from Whole Foods—Thursday, February 23rd 3-4:30**  
(the whole family is welcome!)

*Calendar on Back....*